



MICROBLADING PRE CARE INSTRUCTIONS

Thank you for choosing Bello Cara Studio

Please make sure you read the following instructions to assure the best results for your procedure.

- ❖ It is very important to refrain from all alcohol, aspirin, or aspirin products, such as blood thinners.
- ❖ Please refrain from Ibuprofen and Aleve for 24 hours prior to your appointment.
- ❖ The only product for aches and pain that will not make you bleed is Tylenol.
- ❖ Also refrain from Vitamin E and fish oil capsules for 7 days prior to your application.

ALL of these make you bleed excessively. Excessive bleeding during the procedure will negatively affect the longevity of your semi-permanent makeup application. In some cases, the application will need to be prematurely stopped.

Please avoid energy drinks and coffee for up to 24 hours prior to your next appointment. Not having caffeine in your system will help you to relax much more easily, as well as help to relax the facial muscles in the areas we will be working on.

Thank you again and we look forward to seeing you.

Client Name

Client Signature

Date