



AFTER-CARE

Please follow these instructions to ensure proper healing and color retention.

AFTERCARE FOR ALL TREATMENTS

Below are general guidelines only. Some specific skin types (e.g. oily skin) may go at a different pace. Consult your Specialist.

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- ❖ 30 minutes after undergoing microblading and /or powder brows, gently cleanse using the Phi Wipe without stretching the skin. Continue to use the wipe until there is no longer any traces of pigment or colored lymph on the wipe. This will prevent formation of scabs.
- ❖ Apply a thin layer of healing cream when you get home, then gently three to five times a day, with clean fingertips for seven days after treatment. Do not use cotton pads or swabs.
- ❖ Do not expose brows to water for 72 hours after treatment.
- ❖ When washing your face and hair, keep soap and shampoo away from treatment area.
- ❖ Re-apply Healing Cream after washing your face. Ensure that the treatment area stays lightly moisturized during the healing period.

DO NOT RUB, PEEL, REMOVE, OR SCRATCH TREATMENT AREA. EXPOSE ONLY TO CLEAN WATER.

THE FIRST WEEK- Avoid sun exposure, saunas, excessive sweating, tanning, and makeup application on the treatment area.

FOR TWO WEEKS- Avoid swimming and facials.

DURING THE FIRST 7 DAYS AVOID ALL CREAMS, AVOID MAKEUP FOUNDATION ON THE EYEBROW REGION.



BELLO CARA

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NEXT 30 DAYS AVOID:

PROLONGED SUN EXPOSURE

SUN TANNING

SUNBEDS

LIGHT LASER THERAPY

CHEMICALS PEELS, GLYCOLIC ACID, RETINOL

FRUIT ACIDS

MICRODERMABRASION

CREAMS THE CONTAIN REGENERATION FACTORS

LASER TREATMENT

ANTIBIOTICS AND HORMONAL THERAPY CAN LEAD TO PIGMENT FADING.

The full healing process takes 6 - 8 weeks. It may appear that most or all of the color has been lost in the first few weeks after treatment. This is the pigment oxidizing and sign that your skin is healing naturally. The color will fade drastically before reappearing again.

Towards the end of the healing process is when you will see the microbladed brow strokes take their true color. Please be patient, allow the brow to fully heal before judging the results.

Once the brow has fully healed, we can see what adjustments (if any) need to be made. The perfection session can only be done once the brow has fully healed, to avoid damaging the skin.

Touch-ups (6 months or 12 months) to boost the brow color can also be scheduled, based on your preference.



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WHAT TO EXPECT AFTER BROW TREATMENT

IMMEDIATELY AFTER TREATMENT: Treatment area will feel sensitive. Any redness and swelling will subside within a few hours.

DAY 1 - 3:

Brows will look dark and large. The color will soften significantly and the brows gradually shrink over the next few weeks.

DAY 3 - 5:

Brows may be itchy. If you feel discomfort, gently press on the brow area. Do not pick or scratch brow area.

DAY 5 - 7:

Pigment will begin to peel, from the outside edges of the brow. Do not pick or pull at the flaking pigment, please allow it to fall naturally. Peeling period may take anywhere from several days to over a week.

DAY 7 - 10:

Pigment stops peeling. Color underneath will appear softer and less visible for a few weeks.